

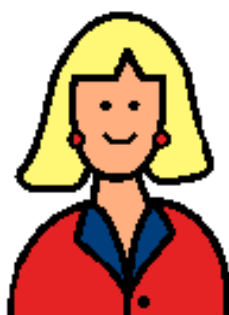
# Getting ready for school



We can't wait!

Updated June 2014

# At their new school your child will meet lots of new people



their teacher



new friends



their teaching assistant (TA)



the headteacher

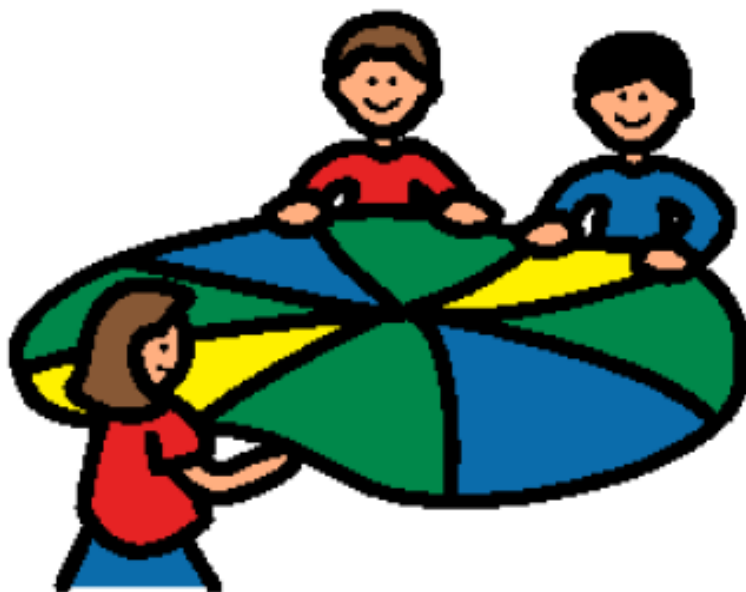


the mid-day supervisors

**They will have their own classroom**



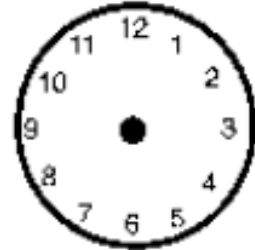
**They will be in Reception with lots of other children the same age and there will be lots to look forward to!**



# Times

The school will tell you:

when the school day begins



when and where your child will eat lunch



when the school day ends



You will need to be there in plenty of time so your child doesn't worry.



# During the school day your child will be able to do lots of things:

choose to play indoors



choose to play outdoors



work with an adult and some of their friends



story time



P.E.



# Helping your child be ready for school

Children develop in different ways and at different rates. Speak to your school if your child needs additional help.



I am practising...

- going to the toilet by myself
- washing my hands with soap and water
- blowing my nose

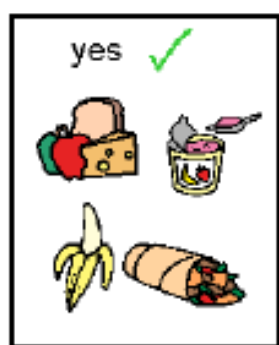


Your child may have toilet accidents when they start school. Don't worry – this is quite common.

It is important that your child keeps healthy by having:



a good bedtime routine –  
children at this age need lots of sleep



a healthy diet including fruit  
and vegetables



up to date immunisations



an eye check



a visit to the dentist

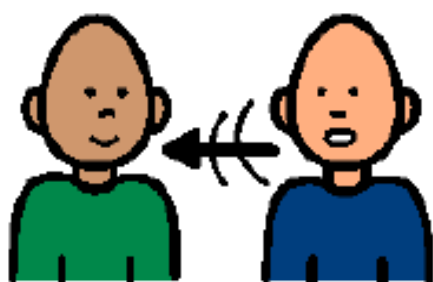
and

It is important that your child is able to make themselves understood by others and can ask for help when they need to.

So things to do together:



listen to each other



talk about things you do



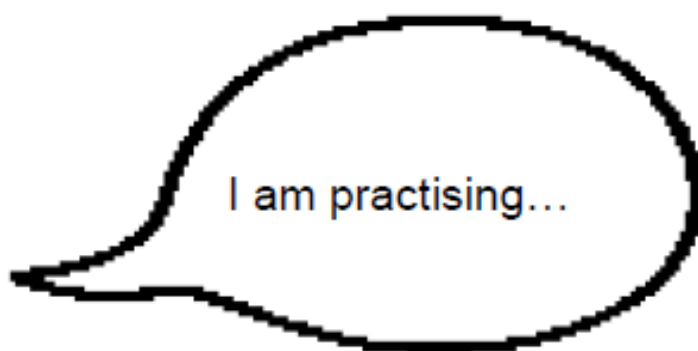
sing rhymes and songs



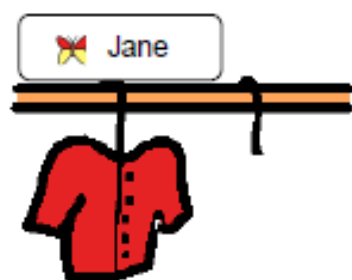
share books and stories



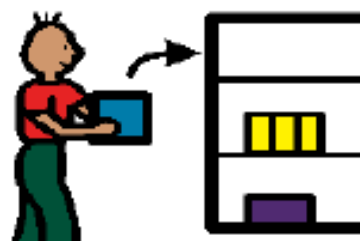
It is important that your child is able to do things for themselves...



putting my things  
where they belong



tidying things away



looking after my  
books and toys



waiting for my turn

# School uniform



sweatshirt



trousers with an elasticated waist



skirt with an elasticated waist



black shoes



a coat most days

Your child will need clothes suitable for playing indoors and outdoors and appropriate for the weather.



Your child should have a bag for their things.



It can be helpful to have a change of clothes.

## The school may ask you to provide P.E. clothes



Please label everything with either:

- a permanent marker pen and redo as necessary
- stick in labels or
- sew in labels

James Brown

If you don't label things, they may get lost.

I am practising...

putting on and taking off my uniform

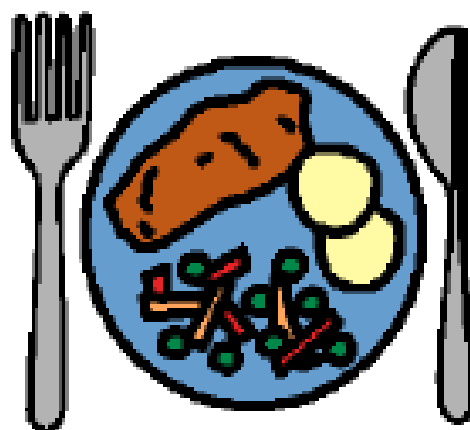
putting my shoes on –  
velcro fastenings are easier

zips and buttons



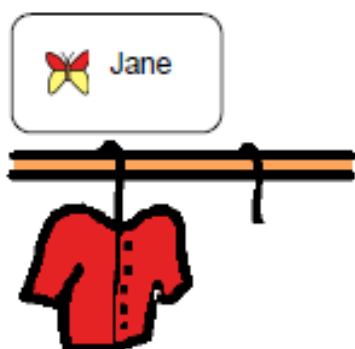
I am learning to  
fold my clothes

At lunch time your child can have a free school meal.



I am practising...  
sitting at a table  
using a knife and fork  
carrying a tray.

# When you visit the school with your child, you can find out about...



where they will keep their personal things



where the toilets are



school start and finish times



where your child will eat lunch



their classroom

If you have any worries, please ask the teacher.

# Contact with the school

The school will need to know any absence.

If your child is ill or has an appointment, you must tell the school first thing in the morning.

Ask the school how you should let them know.



It is important that your child attends school regularly. Taking time off and having holidays during the school term can affect your child's learning.



Sometimes the school will send you messages or newsletters. You will need to find out how these will be sent to you.

It is important to check your child's bag or bookbag daily as there may be messages in there.

# Top tips

**Starting school is an exciting step. If you are positive about this, your child will be too!**

**Begin preparing your child for school in plenty of time. Take them on visits offered by the school.**

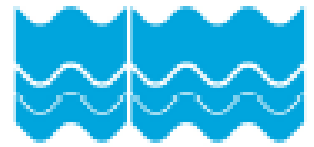
**If you have any worries about your child's health speak to your Health Visitor or the school nurse before they start school and once they start school.**

**Remember morning routines are very important. Make time for breakfast as it is hard to concentrate or be happy when you are hungry.**

**Arrive at school in plenty of time in the morning and afternoon so your child does not worry.**

**Have fun sharing time together.**

**Enjoy books together.**



# Things I want to know...

