

3.00 First Aid

Policy statement

In our setting staff are able to take action to apply first aid treatment in the event of an accident involving a child or adult. All of our staff have a current first aid qualification. The first aid qualification includes first aid training for infants and young children. We aim to ensure that first aid training is local authority approved and is relevant to staff caring for young children.

Procedures

The first aid kit

Our first aid kit is accessible at all times, complies with the Health and Safety (First Aid) Regulations 1981 and contains the following items:

- Leaflet giving general guidance on first aid (booklet)
- Protective face shield for performing CPR
- 20 individually wrapped sterile adhesive dressings of assorted size (plasters) Only use “hypo-allergenic” plasters for children and blue coloured plasters for food handlers
- 2 Sterile eye pads
- 4 Triangular bandages, individually wrapped and preferably sterile
- 6 medium wound dressings (approx. 12cm x 12 cm) individually wrapped and sterile. These have bandages attached
- 2 Large wound dressings 18cm x 18cm as above
- 5 low adherent dressings approx 5 cm x 5 cm. These have a perforated plastic surface which reduces the likelihood of it sticking to the clotting blood (A popular brand is “Melolin”)
- 5 low adherent dressings approx. 10cm x 10cm as above
- 1 Roll of hypo-allergenic tape (a popular brand is Micro-pore tape) Can be used to hold a dressing in place or fasten a bandage
- 3 pairs of disposable gloves
- 1 Pair of scissors, with rounded ends
- 10 Packs of 5, sterile gauze swabs, approx. 5cm x 5cm for cleaning a wound (don't use cotton wool because it can leave small particles in the wound)
- 1 Finger bandage and applicator (a popular brand is “Tube-gauze)

If you have not clean tap water available (ie on a trip) take 1 litre of sterile water for cleaning wounds, washing eyes or immediate treatment of burns.

Date to be reviewed – by end March 2023